

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 6 APRIL TO 12 APRIL 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Cornflakes	Bread Butter	Bread Toast	Upma	Maggi Dry	Aloo Paratha with Dahi	Chole Bhatura
Breakfast		Bread Butter Jam	Chocos		Scramble Egg	Fruit	Fruit	
		Fruit	Fruit	Fruit	Fruit	Boiled Egg		Fruit
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50 to 10-30am	Samosa	Kachori	Veg Chow	South Indian Rice	Veg Roll	Veg Macaroni	
		Emli Chutni						
Lunch	2pm to 2-30pm							
rice		Plain Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Fried Rice
dal		Dal Plain	Lobiya Dal	Yellow Dal	Panchawati Dal	Mix Dal	Yellow Dal	Manchurian with Gravy
veg		S.Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Aloo Dum	Green Sabji	Crispy Baby Corn
veg		Paneer Mattar	Aloo Dum	Kadai Paneer	Aloo Cabbage	Malai Kofta	Aloo Cabbage	Chicken Chilly Gravy
non veg		Egg Curry		Chicken Curry				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Sprouts	Salad	Sprouts	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Mix Fruit Juice	Apple Juice	Hot Milk	Lemon Juice	Pineapple Juice	Watermelon Juice	Orange Juice
		Badminton Chips	Chow mein	Onion Pokora	Finger Chips	Aloo Chop	Mayonniase s/w	Veg Momo
Dinner	8-45pm to 9-30pm							
Rice		Plain Rice	Steam Rice	Plain Rice	Onion Rice	Plain Rice	Steam Rice	Masala Rice
dal		Dal Fry	Plain Dal	Dal Tarka	Mix Dal;	Yellow Dal	Panchawati Dal	Black Dal
sabji		Aloo Fry	Aloo Soyabean	Aloo Dum	Garlic Chutni	S.Green Sabji	Kadi Pokodi	Gatta ki Sabji
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Veg Kofta	Mix Veg	S Green Sabji	Mix Veg
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the children's taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.								
Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal								

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 13 APRIL TO 19 APRIL 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Bread Butter Jam	Upma	Cornflakes	Bread Toast	Aloo Paratha	Chocos	Chola Bature
Breakfast				Bread Butter Jam	Scrambled Egg	Fruit	Fruit	
		Fruit	Fruit	Fruit	Fruit	Boiled Egg		Fruit
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30am	Veg Chow	Kachori	Samosa	Veg Roll	South Indian Rice	Macaroni	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Mexican Rice
dal		Dal Plain	Lobiya Dal	Yellow Dal	Black Dal	Mix Dal	Rajma	Tomato Vegetable Curry
veg		S .Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Aloo Cabbage	Ghogni Chat	Chilly Chicken
veg		Chola Sabji	Chola Aloo	Stuffed Potato	Mix Veg	Kadai Paneer	S.Green Sabji	Chilly Paneer
non veg		Masala Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Sprouts Salad	Salad /Achar	Sprouts	Sprouts	Salad /Achar	Salad /Achar
raita			Bondi Raita		Plain Curd		Fruit Raita	
Snacks	5pm to 5-30pm	Water Melon Juice	Hot Milk	Orange Juice	Lemon Juice	Apple Juice	Butter Milk	Apple Juice
		Macaroni	Bread Toast	Biscuits	Maggi Dry	Badminton chip	Veg Sandwich	Veg Momo
Dinner	8-45pm to 9-30pm							
Rice		Steam Rice	Steam Rice	Onion Rice	Peas Pulao	Plain Rice	Steam Rice	Plain Rice
dal		Dal Fry	Plain Dal	Mix Dal	Dal Fry	Yellow Dal	Panchawati Dal	Mix Dal
sabji		Potato Cabbage	Veg Jaipuria	Aloo Jeera	Malai Kofta	S Green Sabji	Garlic Chutni	Pindi Chana
Sabji		S Green Sabji	Aloo Dum	S Green Sabji	S Green Sabji	Kofta Curry	Mixed Veg	Aloo Cabbage Mix
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad Fr	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the childrens' taste,preferences and requirement,the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.								
Chinese once a week,chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room.								
during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal								

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 20 APRIL TO 26 APRIL 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Chocos	Bread Butter Jam	Maggi Dry	Bread Toast	Cornflakes	Aloo Paratha & Dahi	Puri Mattar Aloo Subji
Breakfast		Bread Butter			Masala Eggs	Bread Butter	Fruit	Fruit
		Fruit	Fruit	Fruit	Fruit	Boiled Egg		
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30am	Chowmein	Samosa	Kachori	Pao Bhaji	Fruit	Veg Macaroni	
						Samosa	Red sauce	
Lunch	2pm to 2-30pm					Imli Chutni		
rice		Steam Rice	Onion Rice	Jeera Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Plain Dal	Plain Dal	Mix Dal	Mix Dal	Mix Dal	Rajma	Baby Corn
veg		S.Green Sabji	S.Green Sabji	S Green Sabji	S Green Sabji	Mattar Paneer	Aloo Cabbage	Manchurian Gravy
veg		Kadai Paneer	Ghogni Chat	Paneer Mattar	Chola Channa	S. Green Sabji	S. Green Sabji	Chilly Chicken Gravy
non veg		Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Water Melon Juice	Hot Milk	Lemon Juice	Pineapple Juice	Lemon Juice	Apple Juice	Butter Milk
		Bread Pokora	Cutlet	Veg Chowmein	Badminton Chips	Maggi	Badminton Chips	Onion Pokora
Dinner	8-45pm to 9-30pm							
Rice		Jeera Rice	Plain Rice	Steam Rice	Jeera Rice	Plain Rice	Veg Pulao	Steam Rice
dal		Dal Fry	Yellow Dal	Dal Fry	Rajma Dal	Mix Dal	Panchawati Dal	Yellow Dal
sabji		Mix Veg	Aloo Bhaja	Aloo Chana	Mix Veg	S. Green Sabji	Aloo Bhaja	Channa Aloo
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Garlic Chutni	Stuffed Potato	S. Green Sabji	Veg Jaypuria
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the childrens' taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.								
Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room.								
during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal								

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 27 APRIL TO 3 MAY 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Upma	Maggie	Chocos	Bread Butter Jam	Bread Toast	Aloo Paratha	Chola Bature
Breakfast				Bread Butter Jam	Scramble Egg	Boiled Egg	Fruit	Fruit
		Fruit	Fruit	Fruit	Fruit	Fruit		
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30am	South Indian Rice	Idly Chutni	Veg Chow	Pao Bhaji	Samosa	Veg Macaroni	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Yellow Dal	Plain Dal	Lobiya Dal	Mix Dal	Mix Dal	Dal Tarka	Chilly Baby Corn
veg		S. Green Sabji	S. Green Sabji	S. Green Sabji	Soyabin Aloo	Chola Sabji	Aloo Cabbage	Veg Manchurian Gravy
veg		Karai Paneer	Aloo Cabbage	Mattar Paneer	Ghogni Chat	S Green Sabji	S. Green Sabji	Chicken Chilly
non veg		Egg Masala		Chicken Curry				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad
raita			Dahi Vada		Plain Curd		Bondi Raita	
Snacks	5pm to 5-30pm	Jal Jeera	Pineapple Juice	Hot Milk	Lemon Juice	Apple Juice	Butter Milk	Orange Juice
		Bread Pokora	Veg Pokora	Badminton Chips	Mayonaisse s/w	Cutlet	Aloo Chop	Veg Momo
Dinner	8-45pm to 9-30pm							
Rice		Steam Rice	Jeera Rice	Steam Rice	Onion Rice	Plain Rice	Peas Pulao	Steam Rice
dal		Dal Fry	Plain Dal	Rajma Dal	Dal Tarka	Mix Dal	Panchawati Dal	Plain Dal
sabji		Jeera Aloo	Ghogni Chat	Chana Onion Dry	Kofta Sabji	S Green Sabji	Aloo Bhaja	Kadi Pokora
Sabji		S.Green Sabji	S Green Sabji	S Green Sabji	Garlic Chutni	Ghogni Chaat	S Green Sabji	Jeera Aloo
roti		Chapati	Chapati	Missi Roti	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the								
childrens' taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.								
Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room.								
during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal								